



## INTAKE - MINOR

### Client Information

1. Please enter your information.

First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_ Last Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_ Apt./Unit # \_\_\_\_\_

Social Security Number \_\_\_\_\_ Gender \_\_\_\_\_  Female  Male

Student Status \_\_\_\_\_ Name of Current School \_\_\_\_\_ Current Grade in School \_\_\_\_\_ Highest Grade/Degree Completed \_\_\_\_\_  
 Full-time  Part-time  
 NA

How Did You Hear About My Practice?

- Former/Current Client  Website  Internet Search  Healthcare Professional  
 Mental Health Provider  Insurance Company  Word of Mouth  Other

Primary Insurance Company \_\_\_\_\_ Primary Insurance Policyholder \_\_\_\_\_ Primary Ins Policyholder's DOB \_\_\_\_\_

Primary Insurance ID# \_\_\_\_\_ Primary Insurance Group# \_\_\_\_\_ Client Relationship to Insured \_\_\_\_\_

Secondary Insurance Company \_\_\_\_\_ Secondary Insurance Policyholder \_\_\_\_\_ Secondary Ins Policyholder's DOB \_\_\_\_\_

Secondary Insurance ID# \_\_\_\_\_ Secondary Insurance Group# \_\_\_\_\_ Client Relationship to Insured \_\_\_\_\_

Responsible Party Name \_\_\_\_\_ Responsible Party Relationship to Client \_\_\_\_\_

Responsible Party Address \_\_\_\_\_

Resp Party Cell Phone

Resp Party Home Phone

Emergency Contact Name

Emergency Contact Relationship to Client

Emergency Contact Phone#

Emergency Contact Address

## Communication Preferences

### 2. Parent with Primary (Physical) Custody

Cell Phone

Okay to leave message on cell phone?

Okay to send texts to cell phone?

Yes  No

Yes  No

Home Phone

Okay to leave message on home phone?

Yes  No

Work Phone

Okay to leave message on work phone?

Yes  No

E-mail

Okay to send email reminders?

Yes  No

### 3. Co-Parent

Cell Phone

Okay to leave message on cell phone?

Okay to send texts to cell phone?

Yes  No

Yes  No

Home Phone

Okay to leave message on home phone?

Yes  No

Work Phone

Okay to leave message on work phone?

Yes  No

E-mail

Okay to send email reminders?

Yes  No

## Therapy/Counseling History

### 4. Please enter your therapy/counseling information.

What brings you to therapy/counseling at this time?

What would you like to accomplish in therapy/counseling?

Has minor received therapy/counseling services before?  Yes  No

If yes, please describe when/where/reason \_\_\_\_\_

Is the minor currently, or has the minor previously been, under the care of a psychiatrist?  No  Yes

Psychiatrist Phone# \_\_\_\_\_

Has minor ever been hospitalized for mental health issue?  Yes  No

If yes, please describe when/where/reason \_\_\_\_\_

Does the minor currently have, or has the minor previously had, a mental health diagnosis? If yes, please specify \_\_\_\_\_

Is there a family mental health history including suicide?  Yes  No

If yes, specify who and diagnosis/type of mental health issue \_\_\_\_\_

## Medical Information

### 5. Please enter your medical information.

Primary Care Physician \_\_\_\_\_ Primary Care Physician Phone# \_\_\_\_\_

Please list any medical problems \_\_\_\_\_

Please list current medications including name of medication, dosage, how taken, and what prescribed for \_\_\_\_\_

## Family History

### 6. Please provide the minor's family information.

Important individuals present during minor's childhood & adolescence (check all that apply)

Mother  Father  Stepmother  Stepfather  Grandparent(s)  Sister(s)  Brother(s)  Aunt(s)

Uncle(s)  Other

Please list the birth order for the minor and his/her siblings \_\_\_\_\_

Parents current marital status

Married to each other  Separated  Divorced  Mother remarried  Father remarried

Mother involved w/ someone  Father involved w/ someone

|  |                                     |  |                                     |
|--|-------------------------------------|--|-------------------------------------|
| Mother living?<br><input type="radio"/> Yes <input type="radio"/> No | Minor's age at Mom's death<br>_____ | Father living?<br><input type="radio"/> Yes <input type="radio"/> No | Minor's age at Dad's death<br>_____ |
|--|-------------------------------------|--|-------------------------------------|

How would you characterize the minor family's socioeconomic status?

Wealthy  Poor  Upper Middle Class  Middle Class  Lower Middle Class

How would you describe the minor's childhood experience (check all that apply)

Loving/Supportive  Stable  Little memory of it  Verbally abusive  Emotionally abusive  
 Physically abusive  Conditional  Chaotic  Unstable  Parents argued  Domestic violence  
 Other

Briefly describe current living situation (primary home, secondary home, both, etc.)

---

Who lives in the home with the minor?

---

## Trauma/Abuse History

### 7. Please enter the minor's trauma/abuse information.

Has the minor ever been abused? If yes, specify type (check all that apply)

Yes  No  Physical  Sexual  Emotional  Verbal  Neglect  
 Crime Victim  Homelessness  Financial problems

Has the minor ever experienced any of these other traumas? (check all that apply)

Parent substance abuse  Teen pregnancy  Parent illness  Lived in foster home  
 Multiple family moves  Violence in home  Abandoned by parent  
 Non-custodial Parent lack of involvement  Lived in group home

Any major losses/separations from family members or significant persons? If yes, please describe

---

Yes  No

Other traumas? Please specify what and when it occurred.

---

## Substance Use History

### 8. Please enter your substance use/history information.

Does the minor currently use any of these substances?

Alcohol  Marijuana  Inhalants  Steroids  
 Caffeine  
 Sedatives (Benzodiazepines, Barbituates)  
 Stimulants (Crack, Cocaine, Methamphetamines, Speed)  
 Hallucinogens (LSD, Mushrooms, Mescaline)  
 Opiates (Heroin, Codeine, Morphine)  Nicotine  
 Other

If currently using substance(s), please specify how much, how often, and date of last use

---

If not currently using substance(s), did the minor previously do so? If yes, please describe the prior substance use

---

Does anyone in the minor's family have a substance abuse problem? If yes, please specify who and substance used

---

Yes  No

## Interpersonal/Social/Cultural Information

### 9. Please enter minor's information.

Describe minor's strengths, skills, talents

---

Please describe the minor's social support network (check all that apply)

No friends  Few friends  Family  Neighbors  Co-workers  Support/Self-help Group  
 Religious/Spiritual center  Community group

Is the minor experiencing any difficulties due to cultural/ethnic issues? If yes, please describe

---

Describe minor's areas of special interests, hobbies, etc.

---

Please describe activities that the minor is involved in

---

Religious upbringing?

Yes  No

Affiliation

---

Would you like spiritual/religious beliefs to be incorporated into your counseling?

Yes  No

Please describe any additional information that you feel important for the counselor to know

---